

# Biborough Speech and Language Therapy Parent Workshops

Are you a resident of RBKC or Westminster? Or are you registered with a GP in RBKC or Westminster?

Do you have a primary/ secondary school-aged child?

We are running a workshop on:

**Talking About Feelings**

**Monday 4th November 2024**

**18.00-19.30**

**Via Microsoft Teams**

This workshop will cover:

- ✓ Why feelings are important
- ✓ How we can begin to support our children to label and talk about their feelings



To book a free place scan the QR code below:



The link will be sent to you the day before. For any questions or queries, please contact: [clcht.slt-requestforhelp@nhs.net](mailto:clcht.slt-requestforhelp@nhs.net).