

What is the Secondary Transitions group?

Secondary Transitions supports children and young people to:

- Share feelings towards transitioning to secondary school.
- Discuss opinions, perspectives, and expectations around secondary school.
- Provide knowledge and understanding about the transition from primary to secondary.

Key Information:

- **Who is it for?** children aged 10-11 in year 6.
- **How many children can be in a group?** 3-5 children.
- **How long is the group?** 30 minutes weekly over a 6-week period.

What do I need?

- 'Secondary transitions' Targeted Group Pack- *Available via the Communication Hub.*

Training is available as part of the Local Offer via the Services2Schools website.

What are the main elements?

- Each session discusses one of the following areas:
 - Identifying thoughts and feelings about transitioning to secondary
 - Getting around and learning how to use a timetable
 - Knowing where I need to be
 - Learning how to organise and prioritise
 - Getting lunch in the canteen
 - Finding people who can help and using self-help strategies