

Study skills: Interpreting information

Visualisation helps you to:

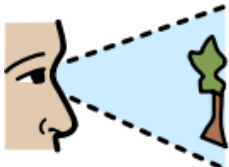
- Create more connections
- Have a deeper understanding
- Have better recall
- Ask more questions

What is visualisation?

Visualisation helps you to create a picture of what you're reading in your head.

Use your background knowledge, past experience, and content of the text to imagine what is happening and create an image of what you have read.

Creating a rich mental picture, helps you to engage directly with a text and use this to understand what you are reading.



Top Tips:

- Use all five senses to build pictures of the information in the text.
- Identify the words that help you to make the picture.
- Practice by describing an image from the text, and then add further details from what you have imagined.