

Full of Life Counselling Service

Would you like to speak to someone about how you are feeling?

Perhaps it might help to have a quiet space for you to be listened to and to think with someone about how things are for you?

Full of Life will have a therapist, **Margaret Rowson**, at the Full of Life Centre on Friday mornings. Margaret is a therapist from the Tavistock Clinic and is available for one-to-one appointments to think with you on a confidential basis. You can contact Margaret either to make an appointment or just to speak about what is offered.

If you want to get in touch with **Margaret**, her contact details are: margaret@fulloflifekc.com telephone: 07305 508 048





For more information about Full of Life check out our website

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www.fulloflifekc.com

