How to... Use Central London Community Healthcare NHS Trust Asking for Help Visuals

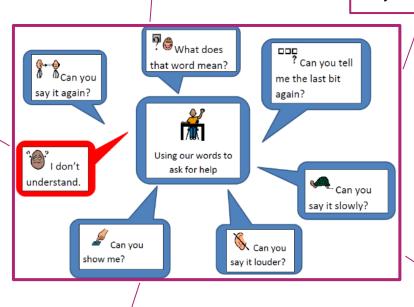
Many children and young people have difficulties with asking for help when they have not understood. It's important the child/young person to start to recognise what they need help and be specific about what they ask you when asking for help.

Using Our Words to Ask for Help

Throughout the day check in to see if your child has understood. by modelling the phrases that they could have used to ask for help.

Display the poster at home where it can be seen throughout the day and referred to by the family.

Play games with long instructions or difficult words to practise using these phrases to ask for help, refer to the visual if they need prompting.



Help increase your child's motivation to ask for help, using a reward chart with ticks or stickers each time they ask.

Make sure to provide motivating rewards when the individual reaches their target.

Family members should model using the visual themselves. For example, you can look at the visual and explore the meaning of the word with your child.

cemunication station

Bi-borough

Communication

Hub