# What is... Objects Central London Community Healthcare NHS Trust

## What are they?

Objects of Reference are objects with special meanings given to them, to represent different activities within the day, for example a coat might represent outside.

# What does Objects of Reference support?

#### Attention and Listening

 Supporting children to attend to activities and learn where they might take place.

Understanding of Language

- Using objects to support understanding of familiar routines in the day
- Transitions between activities. Expressive Language
- Supporting children to make a request by providing a means of communication.

# **Key Considerations**

There are different types of Objects of Reference, and it is important to think about the child or young person's abilities and which type would be most appropriate for them.

## Object Cues

- Multi-sensory cues to symbolise an activity, including a smell, specific song and object.
- A real object that is used as part of the activity. -E.g. Swimming: smell-chlorine or object-towel.



#### Object Referents

An icon related to the activity it represents by resemblance but is separate to the activity. E.g. Swimming, object- a piece of towel mounted on a card.

## **Object Symbols**

A symbol that represents the activity/transition, this is an object separate to the

activity that may be abstract.

Such as, swimming: using shiny metallic paper to signify the water.





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