

What is Lego Based Therapy?

Lego Based Therapy supports children/young people (CYP) to:

- Understand, follow and give instructions containing a range of information.
- Collaboratively take turns and work as part of a group to complete an activity.
- Seek support where information has not been understood.
- Repair communication breakdowns.

Key Information:

- **Who is it for?** Originally developed for Autistic CYP, now used with a range of CYP including those with language disorders to develop the skills above.
- **How many children can be in a group?** 3 CYP (An Engineer, A Supplier and A Builder) with an adult facilitator.
- **How long is a group?** 30 minutes Weekly over a 6-week period.

What do I need?

- 'Lego Building' Targeted Group Pack – *Available via the Communication Hub.*
- Lego Model and Instructions – *Models can be purchased online, or created and instructions made from Lego already available in your setting.*

Training is available as part of the Local Offer via the Services2Schools website.

Top Tips:

- Give a role (builder, engineer, supplier) to each child (ensuring this is rotated each group).
- Keep Lego models for Lego based Therapy separately to other Lego.
- Observe; Wait; and Listen before offering support.
- Ask relevant questions to support facilitation if the CYP are unable to problem solve independently.
- Consider whether additional visual supports are required.
- Record and Monitor Progress using the goal sheets

