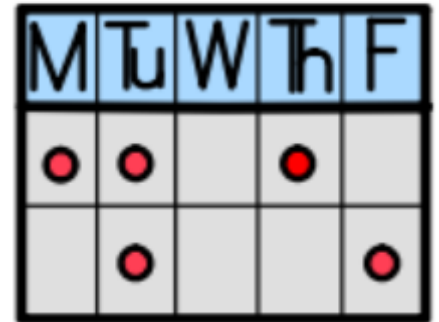


How To... Use a Visual Timetable?



What is a visual timetable?

A picture, photograph or written schedule for the day to show what is happening over a certain period of time.

How to use a visual timetable:

- At the beginning of the day, place photo/ symbol/ word on to the visual timetable board in the order the lessons/ activities will occur.
- Refer to the visual timetable throughout the day.
- Once the lesson/ activity has been completed, return to the visual timetable and remove the finished lesson/ activity.
- Then identify what lesson/ activity is next.

How can a visual timetable help?

- To understand their day
- To focus their attention throughout the day
- To transition (move) between activities
- To understand and manage changes to their routine
- Supports independence

What do Visual Timetables look like?

Photograph:



Symbol:

9:00 - 9:10 Registration	9:10 - 10:15	10:15 - 10:30	10:30 - 10:50 Play time	10:50 - 12:00
12:00 - 1:00 Lunch	1:00 - 1:45	1:45 - 2:30	2:30 - 2:45 Play time	2:45 - 3:00

Word:

Monday	
Time	Activity