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## How to...

Central London Community Healthcare NHS Trust

## Use a task planner

A task planner can be used to break down instructions into simple steps to support understanding and independence when completing activities.

You can use a formal task like the one pictured here, a whiteboard or a list on a piece of paper. Illustrate the steps, using...

- Descriptions
- Drawings
- Symbols
- Pictures

Task planners are most effective when used consistently, for every single lesson or activity.

> Check the steps have been understood

Task Planner

1

2

3

4

I am working towards

Encourage children and young people to work through the steps, ticking the steps as they are completed.

Task planners can include organisational steps, such as:

- check for full stops
- For this task you will need a pencil, scissors, glue and a ruler



Some children and young people will need additional help. This can be given throughout the activity or added as a at the end (such as):

 put your hand up and ask for help with writing

> Bi-borough Communication Hub

