

#### **Conversational Skills**

#### **Targeted Intervention Group to support SLCN**

#### **Bi-Borough SLT Levels of Support**

The Bi-Borough School Aged Speech, Language and Communication Local Offer is provided through Central London Community Healthcare (CLCH) NHS Trust and the Bi-Borough Inclusion Service. The Whole System Approach works at a universal, targeted and specialist level, providing training and guidance to professionals and parents at all levels to identify and meet the needs of school aged children.

A child/young person may receive several packages from different levels at the same time, with specialist level interventions based on their need at a given moment in time.

#### **Conversational Skills Overview**

Conversational Skills are important to allow us to:

- Have a conversation/chat with two or more people
- Share our news and ideas
- Talk about a topic of interest
- Catch up and talk about shared interests
- Feel connected to others

- Develop friendships which are such an important part of building a sense of identity and self esteem
- Learn by hearing each other's thoughts and ideas.

Conversational Skills is a targeted intervention designed to support students to identify the core components of having a conversation, with the opportunity to practise within a small group supported setting.

It comprises of 6, 30-minute group session(s) to be delivered weekly over a 6-week period.

The group should be run by a member of the class team with between 3-5 students.

# What age range of student's is Conversational Skills for?

Conversational Skills is appropriate for students aged between 8-16.

What skills do the students need to have to take part in Conversational Skills?

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Students require a good level of understanding and vocabulary knowledge to enable them to have conversations in relation to a range of topics.

## Which students would benefit from Conversational Skills?

Those students who

- Require support and additional opportunities to consider information from a range of viewpoints
- Make assumptions
- Interrupt others / frequently change topic
- Have difficulties thinking about what to say in conversation

# How will Conversational Skills support the students in the classroom and/or playground?

- Learning from others
- Work as part of a group
- Build and maintain friendships
- Possibly support emotional/mental wellbeing



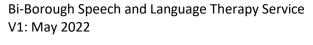






#### **Weekly Overview**

Week	Aims	Resources
Week 1	<ul> <li>To be able to:         <ul> <li>To increase understanding of body language, the reasons for using body language and the impact of not using this.</li> <li>To consider topics of interest to others, identify how we know this and apply our knowledge of body language</li> <li>To practise having a conversation</li> <li>To reflect on conversational skills and identify areas for further development.</li> </ul> </li> </ul>	From this Pack  Visual Timetable v1  Alphabet Board  Conversation Topics  Body Language Info Sheet  What do other's like to talk about? Images  Social Skills Rating (1 per student)  Conversational Skills Outcome / Goal Sheet (1 per student)
Week 2	<ul> <li>To be able to: <ul> <li>To increase understanding of a range of questions we might ask, the reasons for asking questions and the impact of not asking questions.</li> <li>To consider different scenarios and what we might say to ask a question or start a conversation.</li> <li>To practise having a conversation</li> </ul> </li> </ul>	<ul> <li>From this Pack</li> <li>Visual Timetable V1</li> <li>Asking Questions Info Sheet</li> <li>Starting a Conversation Scenarios</li> <li>Conversation Topics</li> <li>Conversational Skills Visual Prompt</li> </ul>
Week 3	<ul> <li>To be able to: <ul> <li>To increase understanding of listening, active listening, the reasons for listening to others and the impact of not listening.</li> <li>To practise listening to and responding to others to show we are interested in what they have to say and apply our knowledge of active listening.</li> <li>To practise having a conversation</li> </ul> </li> </ul>	<ul> <li>From this Pack</li> <li>Visual Timetable v1</li> <li>'I went to the market, and I bought' Sentence Starter</li> <li>Market Shopping Items Visual</li> <li>Active Listening Info Sheet</li> <li>'Ask a question - Show you're listening' Question Cards</li> <li>Talker, Commenter, Observer Labels</li> <li>Conversation Topics</li> <li>Conversational Skills Visual Prompt</li> </ul>







Week 4	To be able to:  • To increase understanding of turn-taking, what turn-taking looks like, the reasons for taking turns and the impact of not taking turns.  (*See N.B below)  • To practise having a conversation	From this Pack
Week 5	<ul> <li>To be able to: <ul> <li>To increase understanding of topic maintenance, the reasons for remaining on topic and the impact of going off topic.</li> <li>(*See N.B below)</li> </ul> </li> <li>To consider different ways to end a conversation.</li> <li>To practise having a conversation</li> </ul>	From this Pack  Visual Timetable v1  Being Relevant Info Sheet  Finish the Conversation Scenarios  Conversation Topics  Conversational Skills Visual Prompts
Week 6	<ul> <li>To revise conversational skills to remember, the reasons for using our communication skills and the impact of not using them.</li> <li>To practise having a conversation</li> <li>To reflect on conversational skills and identify areas for further development</li> </ul>	<ul> <li>From this Pack</li> <li>Visual Timetable v2</li> <li>'I went to the Market, and I bought' Sentence Starter</li> <li>Body Language Info Sheet</li> <li>Asking Questions Info Sheet</li> <li>Active Listening Info Sheet</li> <li>Turn Taking Info Sheet</li> <li>Being Relevant Info Sheet</li> <li>Conversation Topics</li> <li>Conversation Skills Visual Prompts</li> <li>Social Skills Rating</li> <li>Conversational Skills</li> <li>Outcome / Goal Sheet</li> </ul>

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#### **Top Tips and Key Information**

- Have the Conversational Skills Visual Prompts Handy so that as the facilitator you can provide a visual reminder of what everyone should be doing
- Plan the conversational topic and read through the plan before the group
- N.B. \*It is important to that we provide student with opportunities to monologue (allowing time for an individual to share information with you without interruption). For some students, this is required as a strategy for emotional regulation and therefore they would benefit from an agreed time/place to support this within their day.
- N.B. \*When running the conversational skills group, it is essential to consider each student's individual differences, allowing for these within the group setting.



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#### Week 1

#### Week 1 Overview

The focus of the activities this week is:

- To increase understanding of body language, the reasons for using body language and the impact of not using this.
- To consider topics of interest to others, identify how we know this and apply our knowledge of body language
- To practise having a conversation
- To reflect on conversational skills and identify areas for further development.

These skills will support the children/young people's ability to:

- Understand the implications and importance of using body language when having conversations.
- To identify topics others may like to talk about and the reason for this.

#### Resources

For the group this week, you will need the following items from this pack (cut out and laminated):

- Visual Timetable v1
- Alphabet Board
- Conversation Topics
- Body Language Info Sheet
- What do other's like to talk about?
   Images
- Social Skills Rating (1 per student)
- Conversational Skills Outcome / Goal Sheet (1 per student)







#### Week 1 Session Plan

Activity Aims	Resources	Setting Up	Plan	Adapting the Activity
Introduction: Alphabetic Category  Aim: To introduce the session (5 minutes)	<ul> <li>Visual     Timetable v1</li> <li>Alphabet Board</li> <li>Conversation     Topics</li> </ul>	Introduce the session by going through the visual timetable.  Ensure that you have the alphabet board and that it is visible to the group. Prior to the session ensure that you have selected a conversation topic (for use to decide the alphabet category) and have this visual prompt available for the session.	Introduce the group "Today we are going to have a think about some conversation skills."  "To start us off we are going to play Alphabetic Category." "I am going to give you a category and we will take it in turns to think of an item within the category for each letter of the alphabet." "So, if our category was activities, we might have art for a badminton for b and so on"  Go round the group providing a new letter as the next person has a turn.	<ul> <li>Too Easy?</li> <li>Ask the group to think of multiple items for each letter.</li> <li>Too Hard?</li> <li>Ask the group to help their peers and share their ideas.</li> </ul>
Activity 1: Body Language Discussion  Aim: To increase the	Body Language Info Sheet	Ensure you have the body language info sheet to hand to facilitate a discussion and place this on the table if required.	Introduce the activity and first area for discussion "One area of conversational skills is body language"  "Who can tell me what they think body language means?"	Too Easy?  • Ask the group for examples of body language they have used and how this affected their conversation.

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group's				Wait for the group to have time to think and	Too Ha	ard?
understanding of			Have a discussion in	answer the question and facilitate the discussion.	•	Give the group options to
body, the reasons for using body			relation to body language, the reason	"Who can tell me why we need to think about our		choose from.
language and the			for this and what	body language when we have conversations?"	•	Give examples and ask whether the body language
impact of not using			happens when body	Wait for the group to have time to think and		matched the situation etc.
this.			language is not used to	answer the question – use the visual prompts if		materied the endation etc.
			support the groups	needed.		
(5 minutes)			understanding.			
				"Who can tell me what might happen when we		
				don't use body language?" Wait for the group to have time to think and		
				answer the question – use the visual prompts if		
				needed.		
Activity 2: What	• Wha	at do other's	One at a time, present	Introduce the activity	Too Ea	asy?
do others like to		to talk	an image from the	"We all like to have conversations about different	•	Discuss personal
talk about	abou	ut? Images	'what do others like to	things, and we need to recognise when others are		experiences in relation to
A inc.			talk about' pack to the	interested in what we are talking about and when		when we know someone
Aim: To consider topic of			group.	to move onto something different."		was or wasn't interested in what we're talking about.
interest to others,			Facilitate a discussion,	Present the first image to the group		what we're talking about.
identify how we			in relation to the images	"We're going to have a think about some people	Too Ha	ard?
know this and			to comment on what	in this images and what sort of things they might	•	Give the group options to
apply our			the person in the image	like to talk about"		choose from.
knowledge of body			might like to talk about			
language			and what their body	Allow the group time to look at the first image		
			language tells us, e.g.,	before asking the following prompt questions:		

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(5 minutes)			whether they would or wouldn't want to have a conversation.	"What might they want to talk about?" "How do we know that is a topic of interest?" "What does their body language tell us?"	
				Wait for the group to have time to think and answer the questions and facilitate the discussion. Then move onto the next picture.	
Activity 3: Having a Conversation  Aim: To practise having a conversation thinking about the skills covered in the group  (10 minutes)	•	Conversation Topics	Prior to the session pick a conversational topic for the group to practise what they have learnt in the session – ensure that you have the visual present to support the topic.  Prior to the session, make a copy of the social skills rating for each student, to be	Introduce the activity "Now we're going to practise having a conversation" "Today, our conversation will be about" "Who would like to start us off?"  Pause to allow the group time to start and facilitate the conversation in relation to the given topic.  Whilst the group are having a conversation, try to avoid contributing and complete the baseline ratings for everyone.	Allow the group to have a conversation of their choice, monitoring their skills independently to ensure everyone is included.  Too Hard?     Join the conversation to model conversational skills to support their understanding of the impact of this.
Review: Reflection  Aim: For each student to	•	Social Skills Rating Conversational Skills Outcome / Goal Sheet (1	completed by you.  Prior to the session, make a copy of the social skills rating for each student to be completed by the	Introduce the activity "I want you to have a think about your own conversational skill" "Have a look at the self-rating sheet in front of	Too Easy?  • Ask the students to comment on something their peer did well and/or an area their peer could continue to

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reflect on their	per student)	student.	you. We're going to rate each area with 1 being the skill is really difficult and 5 being we are	develop/improve
conversational skills and identify areas for further development.  (5 minutes)		To start the activity, provide each student with a copy of the self-rating.	the skill is really difficult and 5 being we are perfect in this area and have nothing to develop or improve on"  Provide the students with time to look through and complete the self-rating, discussing each area using the sheet as a prompt if required.  Once each student has completed the self-rating, ask each of them to share, something a thought they did well in the session, and something they would like to work on.  "I would like each of you to think about the session today and share something that you did well, and an area of your conversational skills that you would like to work on"  Pause to allow the group time to think and then go round the group asking each person in turn.	• Tell the student your observations of what they did well and an area to improve upon, providing an example to support their understanding.
			Complete the Conversational Skills Outcome / Goal Sheet for each student to see their baseline.	







#### Week 2

#### Week 2 Overview

The focus of the activities this week is:

- To increase understanding of a range of questions we might ask, the reasons for asking questions and the impact of not asking questions.
- To consider different scenarios and what we might stay to ask a question or start a conversation.
- To practise having a conversation

These skills will support the children/young people's ability to:

 Identify questions we might ask others and the context for these discussion points.

#### Resources

For the group this week, you will need the following items from this pack (cut out and laminated):

- Visual Timetable v1
- Asking Questions Info Sheet
- Starting a Conversation Scenarios
- Conversation Topics
- Conversational Skills Visual Prompt





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#### **Week 2 Session Plan**

Activity Aims	Resources	Setting Up	Plan	Adapting the Activity
Introduction: Word Associations  Aim: To introduce the session (5 minutes)	<ul> <li>Visual         Timetable v1</li> <li>Alphabet Board</li> <li>Conversation         Topics</li> </ul>	Introduce the session by going through the visual timetable.  Prior to the session ensure that you have pre-planned some starter vocabulary for the game e.g., ball, reading, cold.	Introduce the group "Today we are going to have a think about some more of our conversation skills."  "To start us off we are going to play Word Associations." "I am going to give you a starting word and we will take it in turns to think of another word that relates to the word before it." "So, if I said ball, you could say 'bat', then the next person could say 'cricket' then the next person might say 'summer' etc." "If you say a word that has already been used before, you will be out."  Go round the group pointing at the person who's turn it is for everyone to play the game.	<ul> <li>Use more abstract vocabulary to start off with.</li> <li>Too Hard?</li> <li>Ask the group to help their peers and share their ideas.</li> </ul>
Activity 1: Asking Questions Discussion	Asking     Questions Info     Sheet	Ensure you have the asking questions skill handout to hand to facilitate a discussion and place this on the	Introduce the activity and second area for discussion "Last week we focused on body language, however today we will be moving on to focus on another of our conversational skills, and that is asking questions"	Too Easy?  • Ask the group for examples of when they have or haven't asked questions and how this affected their

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Aim:		table if required.	"Who can tell me what they think questions mean or	conversation.
To increase the group's understanding of a range of questions we might ask, the reasons for asking questions and the impact of not asking questions.  (5 minutes)		Have a discussion in relation to what questions are, the reason for asking them and what happens when we don't ask questions to support the groups understanding.	why we might use them." Wait for the group to have time to think and answer the question and facilitate the discussion.  "Who can give me an example of a question?" Wait for the group to have time to think and answer the question and facilitate the discussion.  "Who can tell me why we need to ask questions?" Wait for the group to have time to think and answer the question – use the visual prompts if needed.  "Who can tell me what might happen if we don't ask questions within a conversation?" Wait for the group to have time to think and answer the question – use the visual prompts if needed.	<ul> <li>Give the group options to choose from.</li> <li>Give examples and ask whether this is question works within the conversation etc.</li> </ul>
Activity 2: Starting a Conversation  Aim: To consider different scenarios and what we might stay to ask a	Starting a conversation scenario	Before the session, make sure you have cut out all the scenarios so that each one is present individually.  One at a time, present a scenario from the 'starting a	Introduce the activity "Asking questions and having conversations are a part of our everyday life and we often do this without even thinking about it."  Present the first scenario to the group "We're going to have a think about some different scenarios and what we might say to ask a question or start a conversation"	Discuss personal     experiences in relation to the     different scenarios and times     when we have asked the     right or wrong question for     the situation and the impact     of this.  Too Hard?

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question or start			conversation'	Allow the group time to think about the first scenario	Give the group options to
a conversation.			scenarios to the	before asking the following prompt questions:	choose from.
a conversation.			group.	"What question might you ask in this scenario?"	CHOOSE HOM.
(5 minutes)			group.	"Would this be a question on its own or could this be	
(o minutoo)			Facilitate a	the start of a conversation?"	
			discussion, in relation	"How could we change the question we have asked so	
			to the scenarios to	that it starts a conversation?"	
			comment on what the	that it starts a conversation:	
			person in the scenario	Wait for the group to have time to think and answer	
			says and whether this	the questions and facilitate the discussion.	
			would be a question	Then move onto the next scenario.	
			on its own or a start of	THOM HOVE SING THE HEAR SCOTILING.	
			a conversation, e.g.,		
			whether they would or		
			wouldn't want to have		
			a conversation.		
Activity 3:	•	Conversation	Prior to the session	Introduce the activity	Too Easy?
Having a		Topics	pick a conversational	"Now we're going to practise having a conversation"	Allow the group to have a
Conversation		Conversational	topic for the group to	"Today, our conversation will be about"	conversation of their choice,
		Skills Visual	practise what they	"Who would like to start us off?"	monitoring their skills
Aim:		Prompt	have learnt in the		independently to ensure
To practise		Trompt	session – ensure that	Pause to allow the group time to start and facilitate the	everyone is included.
having a			you have the visual	conversation in relation to the given topic.	370.70.10.10.10.00001
conversation			present to support the	3	Too Hard?
thinking about			topic.	Whilst the group are having a conversation, support	Join the conversation to
the skills			'	the students to remember their conversational skills,	model conversational skills
covered in the			Ensure you have the	using the visual prompts as required, for example	to support their

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group (10 minutes)		conversational skills visual prompt present and placed on the table so that it is visible by all the group.	pointing to a skill they have forgotten, or praising a student where they have successfully used one of the targeted conversational skills.	understanding of the impact of this.
Review: Reflection  Aim: For each student to reflect on their conversational skills and identify areas for further development.  (5 minutes)	Conversational Skills Visual Prompt	Ensure you have the conversational skills visual prompt present and placed on the table so that it is visible by all the group.	Introduce the end of the session "We're nearing the end of the session, and have one last activity to complete"  Ask each student to share, something they thought they did well in the session, and something they would like to work on. "I would like each of you to think about the session today and share something that you did well, and an area of your conversational skills that you would like to work on"  Pause to allow the group time to think and then go round the group asking each person in turn.	<ul> <li>Ask the students to comment on something their peer did well and/or an area their peer could continue to develop/improve</li> <li>Too Hard?         <ul> <li>Tell the student your observations of what they did well and an area to improve upon, providing an example to support their understanding.</li> </ul> </li> </ul>







#### Week 3

#### Week 3 Overview

The focus of the activities this week is:

- To increase understanding of listening, active listening, the reasons for listening to others and the impact of not listening.
- To practise listening to and responding to others to show we are interested in what they have to say and apply our knowledge of active listening.
- To practise having a conversation

These skills will support the children/young people's ability to:

 Listen to others and identify why it is important to have a conversation and listen to others point of view.

#### Resources

For the group this week, you will need the following items from this pack (cut out and laminated):

- Visual Timetable v1
- 'I went to the market, and I bought...' Sentence Starter
- Market Shopping Items Visual
- Active Listening Info Sheet
- 'Ask a question Show you're listening' Question Cards
- Talker, Commenter, Observer Labels
- Conversation Topics
- Conversational Skills Visual Prompt









#### **Week 3 Session Plan**

Activity Aims	Resources	Setting Up	Plan	Adapting the Activity
Introduction: I went to the market, and I bought  Aim: To introduce the session (5 minutes)	<ul> <li>Visual         Timetable v1</li> <li>'I went to the         market, and I         bought'         sentence         starter.</li> <li>Market         shopping items         visual</li> </ul>	Introduce the session by going through the visual timetable.  Ensure that you have the 'I went to the market, and I bought' sentence starter visual and that it is visible by the group.	Introduce the group "Today we are going to have a think about some more of our conversation skills."  "To start us off we are going to play I went to the market, and I bought"  "We are each going to think of an item we could buy at the market. When it is your turn, you will add this to the list of items bought at the market."  "So, I might say 'I went to the market, and I bought some milk', then the next person would say, 'I went to the market, and I bought some milk and an apple' so they have added to the list."  "We will keep adding to our list until we forget an item"  Go round the group adding to the list as the next person has a turn.	<ul> <li>Too Easy?</li> <li>Ask the group to think of abstract items that might be bought at the market – use their imagination.</li> <li>Too Hard?</li> <li>Ask the group to help their peers.</li> <li>Use the market shopping items visual to support the group to think of and remember items bought at the market.</li> </ul>
Activity 1: Listening Discussion	Active Listening Info Sheet	Ensure you have the listening skill handout to hand to facilitate a discussion and place this on the table if	Introduce the activity and first area for discussion "We've talked about body language and asking questions, and now we are going to talk about listening, another key conversational skill"	Too Easy?  • Ask the group for examples of when they have or haven't listened and how this affected their

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To increase the group's understanding of listening, what active listening looks like, the reasons for			required.  Have a discussion in relation to active listening, the reason for this and what happens when you don't listen to support the groups	"Who can tell me what they think listening means?" Wait for the group to have time to think and answer the question and facilitate the discussion.  "Who can tell me why we need listen when we have conversations?" Wait for the group to have time to think and answer the question – use the visual prompts if needed.	conversation.  Too Hard?  Give the group options to choose from.  Give examples and ask whether this is active listening etc.
listening to others and the impact of not listening.  (5 minutes)			understanding.	"Who can tell me what might happen when we don't listen?" Wait for the group to have time to think and answer the question – use the visual prompts if needed.	inotoriurig oto:
Activity 2: Showing that you're listening  Aim: To practise listening to and	•	'Ask a question - show you're listening' question cards. Talker, Commenter and Observer Labels	Explain the different roles within the activity. The Talker, The Commenter, and the Observers (each child will have a turn in each role). Provide each group member with	Introduce the activity "We're going to play a quick game to practise our listening skills." "Each person will have a role you might be: The Talker – This person's job is to answer the question I ask them and talk about this as a topic of conversation. The Commenter – This person's job is to make short	Too Easy?  • Tell the group to face away from each other e.g., with the back to the table to further highlight the importance of active listening skills.
responding to others to show we are interested in what they have			their role label so that everyone is aware of their role.  One at a time, ask a	comments such as 'mm', 'aha', 'ok', make comments or ask follow-up questions.  An Observer – This person/people's job is to listen to the talker and commenter and tell them what they did well and an area they may need to work on."	<ul><li>Too Hard?</li><li>Give the group options to choose from.</li></ul>







to say and		question to 'The Talker'	Ohana and the males hadron and the manner	
apply our knowledge of		to start their conversational topic	Share out the roles between the group.	
active listening		from the 'ask a question and show that	Ask the first question to The Talker.	
(5 minutes)		you're listening' question cards.	Allow the group time to have a 30 second conversation on the given topic, before asking: "What did the talker/commenter do well?"	
		Facilitate a discussion, in relation to the given	"What does the talker/commenter need to work on?"	
		question/conversational topic supporting	Wait for the group to have time to think and answer the questions and facilitate the discussion.	
		everyone to carry out their role.	Then move onto the next question, changing the roles of the group.	
		e.g., asking the talker, the question.	or the group.	
		e.g., asking the		
		commenter what could		
		we say next? How else could we respond?		
Activity 3:	Conversation	Prior to the session	Introduce the activity	Too Easy?
Having a	Topics	pick a conversational	"Now we're going to practise having a conversation"	<ul> <li>Allow the group to have a</li> </ul>
Conversation	<ul> <li>Conversational</li> </ul>	topic for the group to	"Today, our conversation will be about"	conversation of their
	Skills Visual	practise what they have	"Who would like to start us off?"	choice, monitoring their
Aim:	Prompt	learnt in the session –		skills independently to
To practise		ensure that you have	Pause to allow the group time to start and facilitate the	ensure everyone is
having a		the visual present to	conversation in relation to the given topic.	included.

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conversation thinking about the skills covered in the group (10 minutes)			support the topic.  Ensure you have the conversational skills visual prompt present and placed on the table so that it is visible by all the group.	Whilst the group are having a conversation, support the students to remember their conversational skills, using the visual prompts as required, for example pointing to a skill they have forgotten, or praising a student where they have successfully used one of the targeted conversational skills.	Too H	ard? Join the conversation to model conversational skills to support their understanding of the impact of this.
Review: Reflection  Aim: For each student to reflect on their conversational skills and identify areas for further development.  (5 minutes)	•	Conversational Skills Visual Prompt	Ensure you have the conversational skills visual prompt present and placed on the table so that it is visible by all the group.	Introduce the end of the session "We're nearing the end of the session, and have one last activity to complete"  Ask each student to share, something they thought they did well in the session, and something they would like to work on. "I would like each of you to think about the session today and share something that you did well, and an area of your conversational skills that you would like to work on"  Pause to allow the group time to think and then go round the group asking each person in turn.	Too E	Ask the students to comment on something their peer did well and/or an area their peer could continue to develop/improve







#### Week 4

#### **Week 4 Overview**

The focus of the activities this week is:

- To increase understanding of turntaking, what turn-taking looks like, the reasons for taking turns and the impact of not taking turns.
- To practise having a conversation

These skills will support the children/young people's ability to:

Take-turns in conversation.

#### **Top Tips and Key Information**

N.B. \*It is important to that we provide student with opportunities to monologue (allowing time for an individual to share information with you without interruption). For some students, this is required as a strategy for emotional regulation and therefore they would benefit from an agreed time/place to support this within their day.

N.B. \*When running the conversational skills group, it is essential to consider each student's individual differences, allowing for these within the group setting.

#### Resources

For the group this week, you will need the following items from this pack (cut out and laminated):

- Visual Timetable v2
- Alphabet Board
- Conversation Topics
- · Turn Taking Info Sheet
- Conversational Skills Visual Prompt







#### **Week 4 Session Plan**

<b>Activity</b> <i>Aims</i>		Resources	Setting Up	Plan	Adapting the Activity
Introduction: Alphabetic Category  Aim: To introduce the session (5 minutes)	•	Visual Timetable v2 Alphabet Board Conversation Topics	Introduce the session by going through the visual timetable.  Ensure that you have the alphabet board and that it is visible to the group. Prior to the session ensure that you have selected a conversation topic (for use to decide the alphabet category) and have this visual prompt available for the session.	Introduce the group "Today we are going to have a think about some more of our conversation skills."  "To start us off we are going to play Alphabetic Category." "I am going to give you a category and we will take it in turns to think of an item within the category for each letter of the alphabet." "So, if our category was activities, we might have art for a badminton for b and so on"  Go round the group providing a new letter as the next person has a turn.	<ul> <li>Ask the group to think of multiple items for each letter.</li> <li>Too Hard?</li> <li>Ask the group to help their peers and share their ideas.</li> </ul>
Activity 1: Turn Taking Discussion  Aim: To increase the	•	Turn-Taking Info Sheet	Ensure you have the turn-taking skill handout to hand to facilitate a discussion and place this on the table if required.	Introduce the activity and area for discussion "We've talked about body language, asking questions and listening, and today we are going to think about taking turns in a conversation"  "Who can tell me what they turn-taking means?"	Too Easy?  • Ask the group for examples of what and when they have used body language and how this affected their

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group's understanding of turn-taking, what turn-taking looks like, the reasons for taking turns and the impact of not taking turns.  (5 minutes)			Have a discussion in relation to turn-taking, the reason for this and what happens when we don't take turns to support the groups understanding.	Wait for the group to have time to think and answer the question and facilitate the discussion.  "Who can tell me why we need to take turns when we have conversations?"  Wait for the group to have time to think and answer the question – use the visual prompts if needed.  "Who can tell me what might happen when we don't take turns within a conversation?"  Wait for the group to have time to think and answer the question – use the visual prompts if needed.	conversation.  Ask the group how different people might feel if they do/don't have a turn.  Too Hard? Give the group options to choose from. Give examples and ask whether this is turn-taking etc.
Activity 2: Having a Conversation  Aim: To practise having a conversation thinking about the skills covered in the group  (15 minutes)	•	Conversation Topics Conversational Skills Visual Prompt	Prior to the session pick a conversational topic for the group to practise what they have learnt in the session – ensure that you have the visual present to support the topic.  Ensure you have the conversational skills visual prompt present and placed on the table so that it is visible by all the group.	Introduce the activity "Now we're going to practise having a conversation, I want you to really think about ensuring everyone is included and how you might do this" "Today, our conversation will be about" "Who would like to start us off?"  Pause to allow the group time to start and facilitate the conversation in relation to the given topic.  Whilst the group are having a conversation, support the students to remember their conversational skills, using the visual prompts as required, for example pointing to a skill they have forgotten, or praising a student where they have successfully used one of the	Too Easy?  Allow the group to have a conversation of their choice, monitoring their skills independently to ensure everyone is included.  Too Hard?  Join the conversation to model conversational skills to support their understanding of the impact of this.







				targeted conversational skills.	
Review: Reflection  Aim: For each student to reflect on their conversational skills and identify areas for further development.  (5 minutes)	•	Conversational Skills Visual Prompt	Ensure you have the conversational skills visual prompt present and placed on the table so that it is visible by all the group.	Introduce the end of the session "We're nearing the end of the session, and have one last activity to complete"  Ask each student to share, something they thought they did well in the session, and something they would like to work on. "I would like each of you to think about the session today and share something that you did well, and an area of your conversational skills that you would like to work on"  Pause to allow the group time to think and then go round the group asking each person in turn.	<ul> <li>Ask the students to comment on something their peer did well and/or an area their peer could continue to develop/improve</li> <li>Too Hard?         <ul> <li>Tell the student your observations of what they did well and an area to improve upon, providing an example to support their understanding.</li> </ul> </li> </ul>







#### Week 5

#### Week 5 Overview

The focus of the activities this week is:

- To increase understanding of topic maintenance, the reasons for remaining on topic and the impact of going off topic.
- To consider different ways to end a conversation.
- To practise having a conversation

These skills will support the children/young people's ability to:

Maintain the topic of conversation.

#### **Top Tips and Key Information**

N.B. \*It is important to that we provide student with opportunities to monologue (allowing time for an individual to share information with you without interruption). For some students, this is required as a strategy for emotional regulation and therefore they would benefit from an agreed time/place to support this within their day.

N.B. \*When running the conversational skills group, it is essential to consider

each student's individual differences, allowing for these within the group setting.

#### Resources

For the group this week, you will need the following items from this pack (cut out and laminated):

- Visual Timetable v1
- Being Relevant Info Sheet
- Finish the Conversation Scenarios
- Conversation Topics
- Conversational Skills Visual Prompts







#### **Week 5 Session Plan**

<b>Activity</b> <i>Aims</i>		Resources	Setting Up	Plan	Adapting the Activity
Introduction: Word Associations  Aim: To introduce the session  (5 minutes)	•	Visual Timetable v1	Introduce the session by going through the visual timetable.  Prior to the session ensure that you have pre-planned some starter vocabulary for the game e.g., ball, reading, cold.	Introduce the group "Today we are going to have a think about some more of our conversation skills."  "To start us off we are going to play Word Associations." "I am going to give you a starting word and we will take it in turns to think of another word that relates to the word before it."  "So, if I said ball, you could say 'bat', then the next person could say 'cricket' then the next person might say 'summer' etc."  "If you say a word that has already been used before, you will be out."  Go round the group pointing at the person who's turn it is	Use more abstract vocabulary to start off with.  Too Hard?     Ask the group to help their peers and share their ideas.
				for everyone to play the game.	
Activity 1: Being relevant Discussion  Aim:	•	Being Relevant Skill Handout	Ensure you have the being relevant skill handout to hand to facilitate a discussion and place this on the	Introduce the activity and area for discussion "We've covered lots of different conversation skills, and today we are going to focus on being relevant/staying on topic"	<ul> <li>Too Easy?</li> <li>Ask the group for examples of when they have or haven't remained on topic and</li> </ul>
To increase the			table if required.	"Who can tell me what they think being relevant or	how this affected their

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group's				staying on topic means?"	conversation.
understanding			Have a discussion in	Wait for the group to have time to think and answer the	
of topic			relation to what being	question and facilitate the discussion.	Too Hard?
maintenance,			relevant means, the		<ul> <li>Give the group options</li> </ul>
the reasons for			reason for this and	"Who can tell me why we need to be relevant/stay on	to choose from.
remaining on			what happens when we	topic when we have conversations?"	<ul> <li>Give examples and ask</li> </ul>
topic and the			go off-topic to support	Wait for the group to have time to think and answer the	whether this is staying
impact of going off topic.			the groups understanding.	question – use the visual prompts if needed.	on topic or not etc.
(5 minutes)				"Who can tell me what might happen when we go off topic?"	
(**************************************				Wait for the group to have time to think and answer the	
				question – use the visual prompts if needed.	
Activity 2:	•	Finish the	One at a time, present	Introduce the activity	Too Easy?
Ending		conversation	a scenario from the	"We've spent a lot of time thinking and talking about	<ul> <li>Discuss personal</li> </ul>
Conversations		scenarios	'finish the conversation'	having conversations, and today we are going to think	experiences in relation
			scenarios to the group.	about how to end conversations."	to ending conversations
Aim:					and how this has gone.
To consider			Facilitate a discussion,	Present the first scenario to the group	
different ways			in relation to the	Allow the group time to think about the first scenario	Too Hard?
to end a			scenarios to comment	before asking the following prompt questions:	<ul> <li>Give the group options</li> </ul>
conversation.			on how they might end	"What might you say to end the conversation?"	to choose from.
(F()			the conversation in	"How do we think this might make the person feel?"	
(5 minutes)			each scenario.	"Are there any other ways we could end the conversation?"	
				Wait for the group to have time to think and answer the	

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Activity 3: Having a Conversation  Aim: To practise having a conversation thinking about the skills covered in the group  (10 minutes)	Conversation     Topics     Conversational     Skills Visual     Prompt	Prior to the session pick a conversational topic for the group to practise what they have learnt in the session – ensure that you have the visual present to support the topic.  Ensure you have the conversational skills visual prompt present and placed on the table so that it is visible by all the group.	questions and facilitate the discussion. Then move onto the next scenario.  Introduce the activity "Now we're going to practise having a conversation" "Today, our conversation will be about" "Who would like to start us off?"  Pause to allow the group time to start and facilitate the conversation in relation to the given topic.  Whilst the group are having a conversation, support the students to remember their conversational skills, using the visual prompts as required, for example pointing to a skill they have forgotten, or praising a student where they have successfully used one of the targeted conversational skills.	Too Easy?  • Allow the group to have a conversation of their choice, monitoring their skills independently to ensure everyone is included.  Too Hard?  • Join the conversation to model conversational skills to support their understanding of the impact of this.
Review: Reflection  Aim: For each student to reflect on their conversational	Conversational Skills Visual Prompt	Ensure you have the conversational skills visual prompt present and placed on the table so that it is visible by all the group.	Introduce the end of the session "We're nearing the end of the session, and have one last activity to complete"  Ask each student to share, something they thought they did well in the session, and something they would like to work on. "I would like each of you to think about the session today	Too Easy?  • Ask the students to comment on something their peer did well and/or an area their peer could continue to develop/improve

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skills and	and share something that you did well, and an area of	Too Hard?
identify areas	your conversational skills that you would like to work on"	<ul> <li>Tell the student your</li> </ul>
for further		observations of what
development.	Pause to allow the group time to think and then go round	they did well and an
	the group asking each person in turn.	area to improve upon,
(5 minutes)		providing an example to
		support their
		understanding.







#### Week 6

#### Week 6 Overview

The focus of the activities this week is:

- To revise conversational skills to remember, the reasons for using our communication skills and the impact of not using them.
- To practise having a conversation

To reflect on conversational skills and identify areas for further development

These skills will support the children/young people's ability to:

 Have conversations with peers in class and during social contexts.

#### **Top Tips and Key Information**

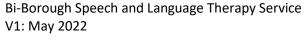
N.B. \*It is important to that we provide student with opportunities to monologue (allowing time for an individual to share information with you without interruption). For some students, this is required as a strategy for emotional regulation and therefore they would benefit from an agreed time/place to support this within their day.

N.B. \*When running the conversational skills group, it is essential to consider each student's individual differences, allowing for these within the group setting.

#### Resources

For the group this week, you will need the following items from this pack (cut out and laminated):

- Visual Timetable v2
- 'I went to the Market, and I bought...' Sentence Starter
- Body Language Info Sheet
- Asking Questions Info Sheet
- Active Listening Info Sheet
- Turn Taking Info Sheet
- Being Relevant Info Sheet
- Conversation Topics
- Conversation Skills Visual Prompts
- Social Skills Rating
- Conversational Skills Outcome / Goal Sheet









#### **Week 6 Session Plan**

<b>Activity</b> <i>Aims</i>		Resources	Setting Up	Plan	Adapting the Activity
Introduction: I went to the market, and I bought  Aim: To introduce the session (5 minutes)	•	Visual Timetable v2 'I went to the market, and I bought' sentence starter. Market shopping items visual	Introduce the session by going through the visual timetable.  Ensure that you have the 'I went to the market, and I bought' sentence starter visual and that it is visible by the group.	Introduce the group "Today we are going review all of the conversation skills we have spoken about and practised over the last 5 weeks."  "To start us off we are going to play I went to the market, and I bought" "We are each going to think of an item we could buy at the market. When it is your turn, you will add this to the list of items bought at the market." "So, I might say 'I went to the market, and I bought some milk', then the next person would say, 'I went to the market, and I bought some milk and an apple' so they have added to the list." "We will keep adding to our list until we forget an item"  Go round the group adding to the list as the next person has a turn.	<ul> <li>Ask the group to think of abstract items that might be bought at the market – use their imagination.</li> <li>Too Hard?         <ul> <li>Ask the group to help their peers.</li> </ul> </li> <li>Use the market shopping items visual to support the group to think of and remember items bought at the market.</li> </ul>
Activity 1: Conversational Skills	•	Body Language Info Sheet	Ensure you have all the skill handouts to hand to facilitate a discussion and	Introduce the activity and the areas for discussion "Over the last five weeks, we have been thinking about our conversational skills"	Too Easy?  • Ask the group for examples of when they

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Discussion  Aim: To revise conversational skills, what conversational skills look like, the reasons for using communication skills and the impact of not using them.  (10 minutes)	<ul> <li>Asking         Questions Info         Sheet</li> <li>Active Listening         Info Sheet</li> <li>Turn Taking         Info Sheet</li> <li>Being Relevant         Info Sheet</li> </ul>	place these on the table if required.  Have a discussion in relation to the different conversational skills, the reason for these and what happens when conversational skills are not used to support the groups understanding.	"Who can tell me the different conversational skills we have focused on?" Wait for the group to have time to think and answer the question and facilitate the discussion.  "Who can tell me what they have learnt over the last five weeks, that they didn't know, or hadn't thought about before?" Wait for the group to have time to think and answer the question – use the visual prompts if needed.  "Who can tell me why we need conversational skills?" Wait for the group to have time to think and answer the question – use the visual prompts if needed.  "Who can tell me what might happen when we don't use conversational skills?" Wait for the group to have time to think and answer the question – use the visual prompts if needed.	have used conversational skills and how this affected their conversation.  Too Hard?  Give the group options to choose from. Give examples and ask whether this is effective conversational skills. Prompt the group to remember each of the areas covered.
Activity 2: Having a Conversation  Aim: To practise	<ul> <li>Conversation         Topics</li> <li>Conversational         Skills Visual         Prompt</li> </ul>	Prior to the session pick a conversational topic for the group to practise what they have learnt in the session – ensure that you have the visual present to support	Introduce the activity "Now we're going to practise having a conversation" "Today, our conversation will be about" "Who would like to start us off?"	Too Easy?  • Allow the group to have a conversation of their choice, monitoring their skills independently to ensure everyone is

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having a			the topic.	Pause to allow the group time to start and facilitate	included.
conversation				the conversation in relation to the given topic.	
thinking about			Ensure you have the		Too Hard?
the skills covered in the group			conversational skills visual prompt present and placed on the table so that it is visible by all the group.	Whilst the group are having a conversation, try to avoid contributing and complete the final ratings for everyone.	Join the conversation to model 'conversational skills to support their understanding of the
(10 minutes)			Duian to the coording modes of		impact of this.
			Prior to the session, make a		
			copy of the social skills rating for each student to be		
			completed by you.		
			completed by year		
Review:	•	Social Skills	Prior to the session, make a	Introduce the activity	Too Easy?
Reflection		Rating	copy of the social skills	"I want you to have a think about your own	<ul> <li>Ask the students to</li> </ul>
	•	Conversational	rating for each student to be	conversational skills now that we have completed	comment on something
Aim:		Skills Outcome /	completed by the student.	our 6-week group"	their peer did well and/or
For each		Goal Sheet (1	To atom the potivity provide	"I love a look at the polit vating about in front of you	an area their peer could
student to reflect on their		per student)	To start the activity, provide each student with a copy of	"Have a look at the self-rating sheet in front of you.  We're going to re-rate each area with 1 being the	continue to
conversational			the self-rating.	skill is really difficult and 5 being we are perfect in	develop/improve
skills and			une sen-raung.	this area and have nothing to develop or improve	Too Hard?
identify areas				on"	Tell the student your
for further				Provide the students with time to look through and	observations of what
development.				complete the self-rating, discussing each area	they did well and an area
,				using the sheet as a prompt if required.	to improve upon,

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(5 minutes)	Once each student has completed the self-rating, share their initial ratings with them.	providing an example to support their understanding.
	Ask each of them to have a look at their ratings and share, something they feel they have improved on over the course of the group.  "I would like each of you to think about the conversational skills group, looking at you initial and current ratings, and share something that you have improved on over the last 6 weeks"	
	Pause to allow the group time to think and then go round the group asking each person in turn.	
	Complete the Conversational Skills Outcome / Goal Sheet for each student to see their progress.	

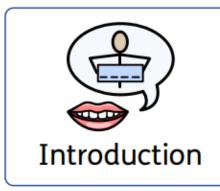






## Conversation Builders

## Visual Timetable











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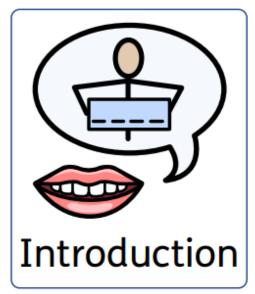


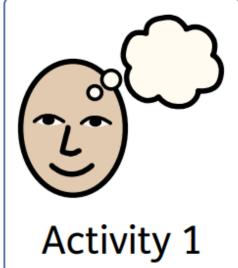


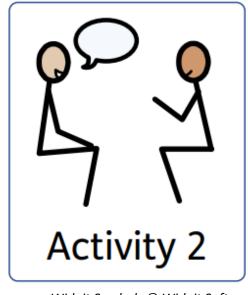


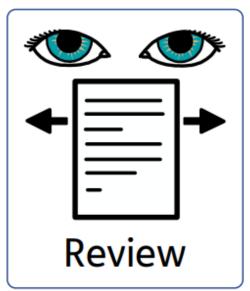
## Conversation Builders

## Visual Timetable







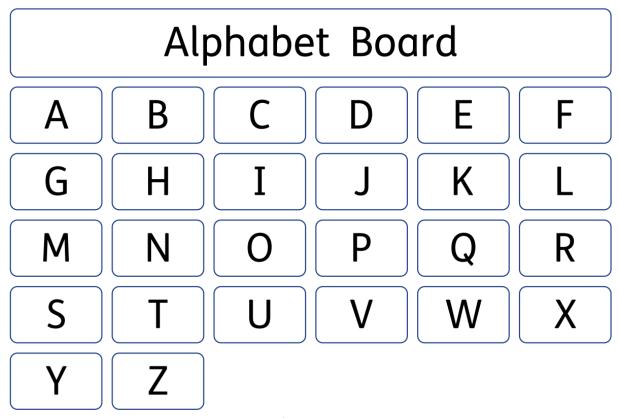


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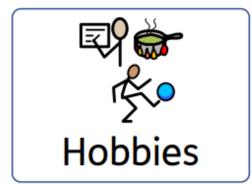
### **Conversation Topics**

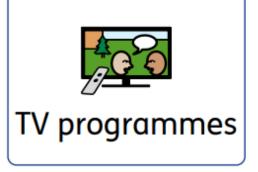










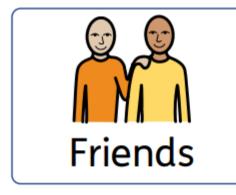


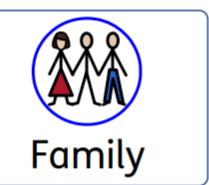
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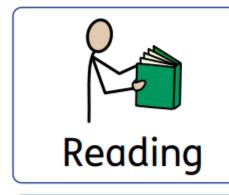




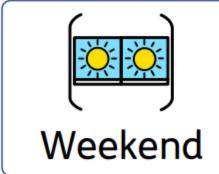


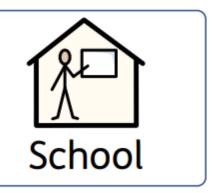








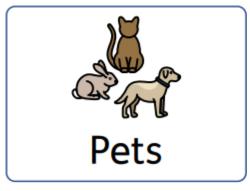




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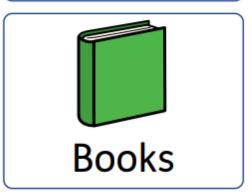
















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## <u>Body Language</u>

#### What do we mean by body language?

The messages we send to other people via our faces and bodies, including...

- Turning your body towards the speaker
- Nodding your head
- Sitting/Standing near to the person you are talking to
- Using gesture to support the verbal message

#### Why do we need to think about our body language?

- To let people know we are listening to them and/or are interested in what they have to say
- To express how we are feeling
- To help others understand

### What might happen if we don't use body language?

- Others might have difficulty understanding what we say
- We might continue the conversation when someone is uninterested
- Others may feel uncomfortable

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Social Skill	Rating 1 – 5, 1 is not so good, 5 is perfect
Starting conversations Showing with your body, hands & face that you have something to say e.g. hands up, looking at person, trying to make eye contact with the talker, not too close not too far away	12345  How could you get better at this?
Taking turns to talk Only talking when nobody else it talking Letting other people have time to think before answering Letting other people have the chance to talk	12345  How could you get better at this?
Making sure everyone joins in Asking what other people think and waiting for their answers Commenting on other peoples ideas Noticing who has talked and who hasn't	12345 How could you get better at this?
Using the right type of talk Talking politely to everyone Calling people by their correct name (Sir / Miss/ Hassan) Keeping your talk about the topic	12345  How could you get better at this?
Using these skills means that everyone has	a nicer time working together as a team ©

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#### Conversation Builders: Targeted Intervention Group to Support SLCN Outcomes/Goals Sheet

Child's Name:	DOB:				
Date of initial Rating:	Date of Final Rating				

	Goal/Outcome  (To be edited/deleted to meet the child/young person's needs)								Strategies to meet goal				
1. To	be able to i	dentify wha	t is meant l	oy:									
_	- body language								A member of the class team will attend the				
_	- asking questions								Conversation Skills learning workshop				
_	- active listening								prior to setting up and running a group.				
	- turn-taking								The member of the class team will run the				
	- being relevant								Conversational Skills Group for 30-				
	the reasons for considering these conversational skills and the impact on conversations.								•				
									minutes weekly over a 6-week period.				
	2. To be able to consider a range of conversational skills, applying these to a conversation.							The group will be run by a member of the					
3. To	<ol><li>To build a bank of phrases that can be used to start and end conversations.</li></ol>							class team with 3-5 children/young people.					
4. To	4. To be able to ask question and make comments to demonstrate active listening within a							A member of the class team will complete					
con	conversation.							a pre and post goal rating using the scale					
5. To	5. To be able to reflect on their conversational skills, identifying their strengths and areas for							below.					
dev	development.								below.				
					Mv	Goal Prog	iress						
		I	I		y		1	1	1			1	
Goal	0	1	2	3	4	5	6	7	8	9	10	01	
not met												Goal	
at all												reached	

Copies shared with: Parents, Class teacher, SENCo, LSA

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### <u>Asking Questions</u>

#### What do we mean by asking questions?

Asking something to get information or answer our questions.

Questions might start with:

- What...
- Where...
- Have you...
- Who...
- What about you...
- Why...
- Do you...

#### Why do we need to think about asking questions?

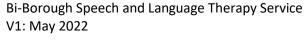


- Show you are interested
- Respond to someone

#### What might happen if we don't ask questions?

- We won't find out other people's ideas
- People might think you're not interested in them or what they have to say
- People may feel left out which could make them feel sad

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When introducing yourself to your new teacher

When you see
your friend
outside at
breaktime

When you meet
your head
teacher in the
corridor

When arriving at a lesson/school five minutes late When you need to interrupt your parents in an emergency

When you need to borrow a pencil in a lesson

When you need help finding a book in the library

When you're trying to do your homework but your sibling is playing music too loudly When you phone
a friend to ask if
they want to go
to the cinema

To find out whether someone has a pet To find out about someone's favourite book, music, film or TV programme To find out what someone would like to be when they finish school

To find out about
where others
have been on
holiday

To find out what someone did at the weekend

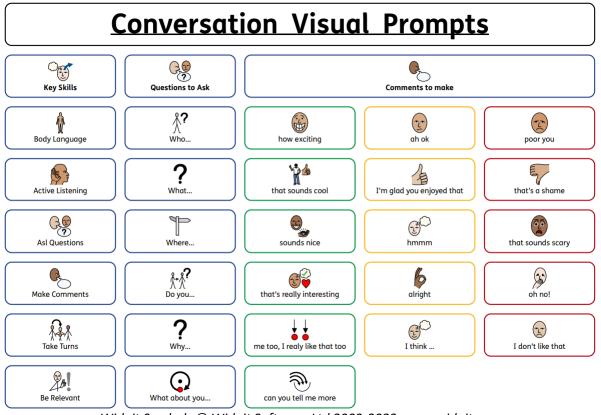
To find out how someone else would describe themselves

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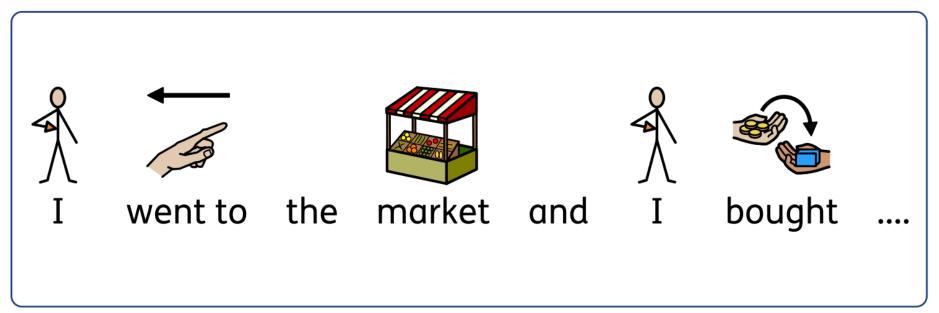
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RESOURCE: 'I went to the market, and I bought...' Sentence Starter





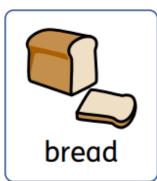
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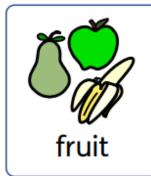




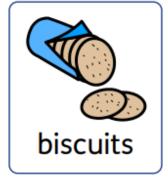






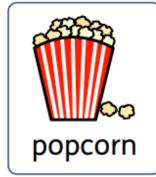
















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### <u> Active Listening</u>

### What do we mean by active listening?

?

- Paying attention to what other people are saying
- Thinking about what others have said
- Responding to what someone else has said
- Asking questions and making comments about the topic of conversation

### Why do we need to think about active listening?



- So we can hear what others have to say
- So we an learn from other people
- So that we don't miss information

### What might happen if we don't actively listen?



- We might miss out on what others say
- We might upset or annoy someone
- It can appear rude to others

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What did you do at the weekend? What is your favourite film?

What sort
of things do
you like to
do in your
free time?

What is
your
favourite TV
programme?

Who is
your
favourite
celebrity?

Who do
you have
in your
family?

What sort
of music
do you
like?

Which
lessons do
you like
at school?

Where is
your
favourite
place to
visit?

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### Talker

# Commenter

### Observer

## Observer

### Observer

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# <u>Taking Turns</u>

### What do we mean by taking turn?



- Waiting for your turn to speak within the conversation
- Letting others speak without interruption
- Joining in when no-one else is talking
- Allowing everyone to share what they have to say

### Why do we need to think about taking turns?



- To give everyone the opportunity to speak
- So we can hear what everyone would like to say

### What might happen if we don't take turns?



- We might upset or annoy someone
- Others may feel left out if they are not able to say something

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### <u>Being Relevant</u>



#### What do we mean by being relevant?

- Maintaining the topic of conversation.
- Talking about the same thing as someone else
- Listening to what other people have said and asking questions or making comments about this



#### Why do we need to think about being relevant?

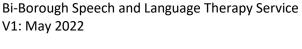
- To show we are listening and interested
- To continue the conversation
- To share our opinions on a topic
- So that everyone understands and to limit confusion



### What might happen if we don't say something relevant?

- Others may think we're not interested in what they have to say
- Others may not understand what we are talking about

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When you're
leaving your
friend's house
where you
have been for
dinner

When you're
talking to
your friend
and your
phone rings

When you're leaving your grandparents and they are going on holiday

When you have to go because you're late home

When you've been talking to a teacher about your homework and it's time for the next lesson

When someone has been talking for a long time and you have something to say

When you've been
working with an
adult outside of
the classroom and
it's the end of the
session

When you
are leaving
a restaurant
after a
lovely dinner

When you're
paying for
something
in a shop

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